

Comparative analysis of nutrients in frequently consumed Indigenous African vegetables: implications for geriatric nutrition

Martin Mutambuka, Mildred Nakanwagi , Rosemary Bulyaba , Isaac Onziga Dramadri, Gerald Tumusiime & Elizabeth Balyejusa Kizito

To cite this article: Martin Mutambuka, Mildred Nakanwagi , Rosemary Bulyaba , Isaac Onziga Dramadri, Gerald Tumusiime & Elizabeth Balyejusa Kizito (2026) Comparative analysis of nutrients in frequently consumed Indigenous African vegetables: implications for geriatric nutrition, Cogent Food & Agriculture, 12:1, 2620192, DOI: [10.1080/23311932.2026.2620192](https://doi.org/10.1080/23311932.2026.2620192)

To link to this article: <https://doi.org/10.1080/23311932.2026.2620192>



© 2026 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group



Published online: 27 Jan 2026.



Submit your article to this journal [↗](#)



Article views: 438



View related articles [↗](#)



View Crossmark data [↗](#)